

## Zmanim

SHABBOS פרשת תזריע		
EREV SHABBOS	Earliest Candle Lighting   הדלקת נרות	Not before 6:21 PM
	Candle Lighting   הדלקת נרות	7:25 PM
	Mincha/Kabbalas Shabbos	6:05 PM 7:25 PM
	Sunset   שקיעה	7:43 PM
	Earliest time to repeat Shema	8:33 PM
SHABBOS DAY	Sunrise   הנץ החמה	6:33 AM
	Shacharis   שחרית	7:00 AM 9:00 AM
	Latest Shema   סזוק"ש	9:50 AM
	Mincha   מנחה	2:30 PM 7:15 PM
	Sunset   שקיעה	7:44 PM
	Maariv   מעריב	8:25 PM
	Havdalah   הבדלה	8:35 PM
	Next Shabbos מצורע	6:26 PM 7:31 PM

THIS WEEK	S ו' ניסן Apr. 14	M ז' ניסן Apr. 15	T ח' ניסן Apr. 16	W ט' ניסן Apr. 17	Th י' ניסן Apr. 18	F יא' ניסן Apr. 19
Sunrise   הנץ החמה	6:32 AM	6:30 AM	6:29 AM	6:27 AM	6:26 AM	6:25 AM
Shacharis   שחרית	7:00 AM 8:00 AM	6:25 AM 7:30 AM	6:15 AM 7:30 AM	6:25 AM 7:30 AM	6:25 AM 7:30 AM	6:25 AM 7:30 AM
Latest Shema   סזוק"ש	9:50 AM	9:49 AM	9:48 AM	9:47 AM	9:47 AM	9:46 AM
Sunset   שקיעה	7:45 PM	7:46 PM	7:46 PM	7:47 PM	7:48 PM	7:49 PM
Mincha   מנחה Maariv   מעריב	7:35 PM	7:35 PM	7:35 PM	7:35 PM	7:35 PM	6:10 PM 7:30 PM

**KIDDUSH** is sponsored by the **Shames Family** in commemoration of the yahrtzeit of Raanan's mother, Rochel Leah bas Zvi Dovid, on the 6th of Nissan.

## Announcements

**MAZEL TOV** to David & Sorah Rivkah Goodman on the birth of a grandson, to Rabbi Ezra & Yiscah Baldinger!

**MAZEL TOV** to Hyam & Naomi Singer on the birth of a granddaughter, born to Rafael & Miriam Singer!

**MAZEL TOV** to the participants in the Friday night Ahavas Chessed group on completing their study of that sefer. Please join us when we continue our study of the Chofetz Chaim's writings after Pesach. Please contact Shlomo Katz for more information.

**THURSDAY NIGHT MISHMAR AT SEHC** will resume after Pesach.

**BNOS AND SHABBOS GROUPS FOR BOYS** will IY"H meet this week at 3 PM.

**THE WOMEN'S SHABBOS SHIUR** will be given by Rabbi Yitzchak Mandel at SEHC at 5 PM.

**MAOS CHITIM** Torah Charity Fund seeking contributions for those in need of Pesach resources. Please give checks to Raanan Shames or pay online on the SEHC website. Deadline April 15th.

**MECHIRAS CHOMETZ BY RABBI BULMAN** will be at the following times: 10 minutes before mincha and for 10 minutes after maariv, daily. Please be in touch with Rabbi Bulman if those times don't work for you.

**DID YOU HIDE FOOD SOMEWHERE IN THE SHUL?** Please remember to check your tallis box and shtender before Pesach for food you may have stored in there.

**MOTZEI SHABBOS TEHILLIM new time—9:30 PM | NIGHTLY TEHILLIM GROUP—9:00 PM S-Th**, Conference line: 605-475-4700, 845#

**TEHILLIM FOR SHIDDUCHIM Sundays 9:30 AM** on Zoom. Contact Marina Makovoz for info.

**WEEKLY KIDDUSH SPONSORSHIP** Please support our weekly kiddush! Sponsoring is now an easy process—go to the SEHC website or <https://go.sehc.us/sponsor-kiddush>.

## Shiurim

### SHABBOS

Lighting and Learning —  
\*Shabbos-A Day to Create Yourself—Ch 24  
5:00 PM — Women's Shiur  
5:45 PM — Not Just Coke & Chips  
6:40 PM — Daf Yomi (Rabbi Bulman)  
After Mincha — Rabbi Bulman

### DAILY (MON-FRI)

Kollel Dirshu—5:30 AM learning, 8 AM phone shiur w/R' Charner (720) 843-2655, 6874014#  
5:50 AM — Daf Yomi (R' Bulman)

### SUNDAY

7:25 AM — Daf Yomi (R' Bulman)  
9:00 AM — Halacha B'Iyun

### MONDAY

8:15 PM — Women's **Pesach** shiur (R' Bulman)  
9:15 PM — Alei Shor for men (R' Bulman)

### TUESDAY

8:30 PM — Bais Medrash night—GWCK

### THURSDAY— will not meet

8:30 PM — Gemara B'Iyun (R' Bulman)  
9:15 PM — Nefesh Hachaim (R' Bulman)

## Upcoming Events

**RABBI BULMAN** will be giving the third in a series of **Pre-Pesach Shiurim for women, Monday night at 8:15 PM, April 15**—Pesach Hashkafa.

**SEHC MATZAH SALE** The pickup time for the Lakewood shmurah matzah will be **next Wednesday, April 17th, between 8-9 PM** at the shul.

**CAPITAL KOSHER PANTRY** will NOT be accepting food donations in any of its collection bins from April 10 through the end of Pesach. To dispose of chametz after April 9, please consider donating to Manna Foods, 12301 Old Columbia Pike or Shepherd's Table 8106 Georgia Ave.

