

Zmanim

SHABBOS פרשת נצבים וילך		
EREV SHABBOS	Earliest Candle Lighting הדלקת נרות	Not before 5:42 PM
	Candle Lighting הדלקת נרות	6:37 PM
	Mincha/Kabbalas Shabbos	6:40 PM
	Sunset שקיעה	6:55 PM
	Earliest time to repeat Shema	7:45 PM
SHABBOS DAY	Sunrise הנץ החמה	7:01 AM
	Shacharis שחרית	7:00 AM 9:00 AM
	Latest Shema סוק"ש	9:59 AM
	Mincha מנחה	2:30 PM 6:25 PM
	Sunset שקיעה	6:54 PM
	Maariv מעריב	7:35 PM
	Havdalah הבדלה	7:45 PM
	Next Shabbos האזינו	5:33 PM 6:26 PM

THIS WEEK	S כ"ו אלול Sept. 29	M כ"ז אלול Sept. 30	T כ"ח אלול Oct. 1
Sunrise הנץ החמה	7:02 AM	7:03 AM	7:04 AM
Selichos & Shacharis שחרית	7:00 AM 8:00 AM	5:55 AM 7:00 AM	5:55 AM 7:00 AM
Latest Shema סוק"ש	10:00 AM	10:00 AM	10:00 AM
Sunset שקיעה	6:52 PM	6:51 PM	6:49 PM
Mincha מנחה Maariv מעריב	6:35 PM	6:35 PM	6:35 PM

Thank you to **TISHREI SHABBOS MEVORCHIM KIDDUSH SPONSORS**, listed on back.

SHALESHUDIS is sponsored by **Stan & Rena Konar** and will feature a siyum in honor of their parents, Isaac & Adele Konar and Sidney & Marge Maerov.

ROSH HASHANA +	W כ"ט אלול Oct. 2	Th א' תשרי Oct. 3	F ב' תשרי Oct. 4	Sh ג' תשרי Oct. 5	S ד' תשרי Oct. 6	M ה' תשרי Oct. 7
	Erev Rosh Hashana	Rosh Hashana	Rosh Hashana	Shabbos	Tzom Gedaliah	
Daf Yomi דף יומי	TBA	5:45 PM	5:45 PM	5:20 PM	TBA	TBA
Sunrise הנץ החמה	7:05 AM	7:06 AM	7:07 AM	7:08 AM	7:09 AM	7:10 AM
Selichos & Shacharis שחרית	5:25 AM 6:30 AM	8:00 AM	8:00 AM	7:00 AM 9:00 AM	7:00 AM 8:00 AM	5:45 AM 6:50 AM
Shofar תקיעת שופר	---	11:00 AM	11:00 AM	---	---	---
Latest Shema סוק"ש	10:01 AM	10:01 AM	10:01 AM	10:02 AM	10:02 AM	10:02 AM
Candle Lighting הדלקת נרות	6:29 PM	7:36 PM	6:26 PM	---	---	---
Mincha מנחה	6:35 PM	6:20 PM	6:20 PM	5:55 PM	6:10 PM	6:25 PM
Sunset שקיעה	6:47 PM	6:46 PM	6:44 PM	6:43 PM	6:41 PM	6:40 PM
Maariv מעריב	7:10 PM	7:10 PM	---	7:24 PM	---	---
Havdalah הבדלה	---	---	---	7:34 PM	---	---
Special Notes	*Eruv Tavshilin *Chatzos—12:56 PM	*Tashlich *Prep for day 2—not before 7:36 PM	*All Shabbos prep must be completed by candle lighting	*Shabbos Shuva Drasha—	*Fast Begins: 5:57 AM Fast Ends: 7:22 PM	

Shiurim

SHABBOS

Lighting and Learning —

*Shabbos-A Day to Create Yourself—p. 241 (The Afterword)

Chofetz Chaim—after ma'ariv

5:05 PM—Women's Shiur

4:55 PM—Not Just Coke & Chips

5:50 PM — Daf Yomi

After Mincha—shalosh seudos

DAILY (MON-FRI)

Kollel Dirshu—5:30 AM learning

Daf Yomi (R' Bulman)—TBA

SUNDAY—will not meet

Daf Yomi (R' Bulman)

9:00 AM — Halacha B'Iyun (R' Bulman)

MONDAY

8:00 PM—Women's shiur (R' Bulman)

9:05 PM—AleI Shor for men (R' Bulman)

TUESDAY

8:30 PM — Bais Medrash night—GWCK

THURSDAY—will not meet

8:30 PM—Mishmar

Gemara B'Iyun (R' Bulman)—after ma'ariv

9:00 PM—Nefesh Hachaim (R' Bulman)

Announcements (continued on back)

MAZEL TOV to **Andy & Elise Jacobs** on the birth of a grandson to Eliezer & Rachel Jacobs!

WOMEN'S SHABBOS SHIUR—5:05 PM at SEHC by **Rabbi Meir Bulman**.

RABBI BULMAN'S SHABBOS SHUVA DRASHA will IY"H be **next** Shabbos—Parshas Ha'azinu—at 6:20 PM.

NEXT NEWSLETTER WILL COME OUT ON MON. OCT. 7.

MOTZEI SHABBOS SELICHOS Beginning at chatzos, 12:58 AM.

HEARFELT CONDOLENCES to **Rabbi Mordechai Rhine** on the passing of his beloved father, Mr. David Rhine.



Tishrei Kiddush Sponsorships

LORETTA SADWIN & FAMILY In commemoration of the 39th yahrtzeit of Loretta's father, Alter Eliezer Yitzchak ben Litman, Irving Smolar, on the 29th of Elul.

HOWIE & ELAINE FELDMAN In celebration of Miriam's, Oren's, Moshe's, Aaron's, Tzvi Chaim's, Perel's, & Eliana's birthdays.

HOWIE & ELAINE FELDMAN To commemorate the yahrtzeits of Chaim Yosef ben Yehuda HaLevi and Perel bas Hersh, Elaine and Howie's grandparents.

GARY, HELENE GOODMAN & FAMILIES In memory of Gary's father, Mayer Hershel ben Uri Yacov.

GRAHAM FAMILY In honor of Rachel's bas mitzvah on the 10th of Tishrei. Cake reserved for later!

MARSHALL & SIGLA POTTER In honor of the Tishrei birthdays of our grandchildren, Temima Grant, and Chevi & Yoni Lewis.

MARSHALL & SIGLA POTTER In honor of the anniversary of our children, Talya & Akiva Lewis.

HAROLD & GILLA SALTZMAN Hakaras Hatov to Yehuda Katz for everything he does for our Shul, and good luck to him with his new job.

HAROLD & GILLA SALTZMAN Hakaras Hatov to Rabbi Chaim Biberfeld and Dr. Hirsh Komarow for their help with the weekday 7:30 shacharis minyan.

LILLY SCHOR & FAMILY In commemoration of the yahrtzeit of our always beloved husband, dad and zeyde, Akiva Moshe ben Dov Ber z"l on the 21st of Tishrei.

SARAH & KENNY SRAGG In honor of the 3 year old birthday of their grandson, Moshe Sragg.

SARAH & KENNY SRAGG In honor of the 4 year old birthday of their grandson, Chananya Jacob.

SHOSHANA & AHARON YEHUDA SUSSMAN In commemoration of the yahrtzeit of Shoshana's grandmother, Rivka Hinda bas Avraham HaCohen on 2 Tishrei.

MARTIN & MICHELLE SWARTZ On the yahrtzeit of Martin's mother, Lotte H. Meers a"h, on the second day of Sukkos.

Announcements (cont.)

MOTZEI SHABBOS TEHILLIM 9:00 PM | NIGHTLY TEHILLIM GROUP—9:00 PM S-TH, Conf. line: 605-475-4700, 845#

TEHILLIM FOR SHIDDUCHIM Sundays 9:30 AM on Zoom. Contact Marina Makovoz for info.

WEEKLY KIDDUSH SPONSORSHIP Please support our weekly kiddush! Sponsor at <https://go.sehc.us/sponsor-kiddush> or through our shul website.

Upcoming Events

SILENT AUCTION FOR R"H & Y"K SEHC is accepting bids for aliyos, p'sicha, hagbah and g'lilah, starting at \$75 and for Y"K to start at \$100 with the exception of maftir Yonah, which is \$250. Submit bids to Steve Eisenberg by **Motzai Shabbos, Sept. 28. 11 PM**—sreisenberg1@msn.com

LECH KNOS TEHILLIM & INSPIRATION EVENT FOR WOMEN Join communities across the globe on Tzom Gedaliah for an inspirational video presentation titled *Moments of Kindness, Movements of Change*. **Sun. Oct. 6, 11:00 AM** at SEHC.

GWCK EVENING OF INSPIRATION featuring words of insight and inspiration from Rabbi Bulman and other community Rabbonim over zoom, **Sun. Sept. 29 at 8:15 PM**. See flyer for details.

RABBI SHMUEL FELDMAN is offering a workshop through Evolve Counseling Center, titled "How to Feel Holy When You Don't Feel Holy" on **Sept. 30**. See flyer for details.

SEHC ANNUAL S'CHACH SALE Pickup locations in MD, DC, Nova on **Oct. 6 until Sukkos**.

HIGH HOLIDAY SEATS A shul email was sent with information about reserving seats for Rosh Hashana or Yom Kippur. Contact Michael Milgraum or Steve Jaffe for more info.

DALED MINIM SALES! Orders must be in by **Mon., Sept. 30** and placed on silverspring-daledminim.com. Part of proceeds to benefit SEHC. **Pickup—Sun. Oct. 13**. For info please call 301-681-3411 or email cmendlowitz@aol.com.

SEHC COAT ROOM CLEANOUT The SEHC coat room will be cleared and cleaned on **Sun., Sept. 29 at 10 AM**. Please remove ALL personal items by that time; remaining items will be considered abandoned. Volunteers are encouraged to assist in beautifying our shul.

BCGW ANNUAL HOPE & HEALING GALA Nov. 17, 10:30-12:30 PM at Beth Shalom Congregation in Potomac. Register or donate at <https://www.wizevents.com/bikurcholimgw-gala2024/?id=9516>.

evolve
COUNSELING CENTER

HOW TO FEEL HOLY WHEN YOU DON'T FEEL HOLY

Shmuel Feldman will take you on a 2-part journey to make the most out of Elul and to prepare for Rosh Hashanah and Yom Kippur. Don't waste another year feeling inadequate. Learn the tools to connect and tap into the power of these days.

**24TH 8:30 PM ON
TUESDAY, SEPTEMBER**

**30TH 8:30 PM ON
MONDAY, SEPTEMBER**

Shmuel Feldman is a Rebbe at the Torah School of Greater Washington and a therapist who works with men and couples. This shiur is for men only. You can reach Shmuel by email at ShmuelFeldman@evolve-md.com

LINK TO JOIN
<https://meet.google.com/krz-bmor-kqv>

THE Women's INITIATIVE
JEWISH COMMUNITY CENTER

לך בנוס

צום הרביעי וצום החמישי וצום השביעי וצום העשירי
יהיה לבית-יהודה לששון ולשמחה ולמעדים טובים והאמת והשלום אהבו

זכריה 19:8

Join communities across the globe on
צום גדליה

Tehillim and Inspiration

Video Presentation
Moments of Kindness, Movements of Change
with
Nechama Kamelhar * Tziri Preis * Ora Watson

LOCATION: Southeast Heb Cong - Knesses Yehoshua
10900 Lockwood Dr

TIME: Sun, Oct 6, 11:00am

Greater Washington Community Kollel
invites men and women of the community to an
EVENING OF INSPIRATION



Themes of Tishrei

featuring words of insight and inspiration from
Rabbis of our community about
Rosh Hashana, Yom Kippur, and Sukkos

Rabbi Meir Bulman Rabbi, Southeast Hebrew Congregation	Rabbi Yosef Singer Rabbi, Young Israel Ezras Israel Potomac
Rabbi Michael Frank Rabbi, Kehillas Ohr Hatorah	Rabbi Moshe Walter Rabbi, Woodside Synagogue Ahavas Torah
Rabbi Dovid Rosenbaum Rabbi, Young Israel Shomrai Emunah	Rabbi Brahm Weinberg Rabbi, Kemp Mill Synagogue

SUNDAY, SEPT 29 at 8:15pm on ZOOM

Zoom: <https://zoom.us/j/3497542180> Password: Learn
Dial-In number: 301-715-8592 Meeting ID: 349 754 2180

בס"ד

כנסת ירושלים
Southwest
HEBREW CONGREGATION

SOUTHEAST HEBREW CONGREGATION PRESENTS ITS ANNUAL

S'CHACH SALE 2024 / 5785

FRESH CUT EVERGREEN
BEAUTIFUL SUKKAH COVERING & NATURAL BEE REPELLANT
LEAFY EVERGREEN, NO PINE NEEDLES
PICK-UP LOCATIONS IN MD, DC, NOVA
ON OCTOBER 6 UNTIL SUCCOS



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\$40 PER BALE (PLUS 3% PROCESSING FEE)
DELIVERY FOR LARGE ORDERS ONLY - \$75 DELIVERY CHARGE
8'X 8' SUKKAH - 5 BALES RECOMMENDED
8'X 12' SUKKAH - 7 BALES RECOMMENDED

TO PLACE YOUR ORDER:
<https://go.sehc.us/schach5785>